

August 17, 2020 - August 23, 2020

August 2020							September 2020						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

August 17

- 8:45am - ARRIVE AT RINK 🗓
- 9:00am - 10:00am DRY LAND SESSION 1 🗓
- 10:00am - 10:15am DRESS FOR ICE 🗓
- 10:30am - 11:30am U13 PRE SEASON CAMP ICE - LANGLEY TWIN RINKS 🗓
- 11:30am - 11:45am CHANGE FOR DRY LAND 🗓
- 12:00pm - 12:45pm LUNCH BREAK 🗓
- 12:45pm - 1:45pm DRY LAND SESSION 1 🗓
- 1:45pm - 2:00pm PICK UP - END OF DAY 🗓

August 18

- 8:45am - ARRIVE AT RINK 🗓
- 9:00am - 10:00am DRY LAND SESSION 1 🗓
- 10:00am - 10:15am DRESS FOR ICE 🗓
- 10:30am - 11:30am U13 PRE SEASON CAMP ICE - LANGLEY TWIN RINKS 🗓
- 11:30am - 11:45am CHANGE FOR DRY LAND 🗓
- 12:00pm - 12:45pm LUNCH BREAK 🗓
- 12:45pm - 1:45pm DRY LAND SESSION 1 🗓
- 1:45pm - 2:00pm PICK UP - END OF DAY 🗓

August 19

- 8:45am - ARRIVE AT RINK 🗓
- 9:00am - 10:00am DRY LAND SESSION 1 🗓
- 10:00am - 10:15am DRESS FOR ICE 🗓
- 10:30am - 11:30am U13 PRE SEASON CAMP ICE - LANGLEY TWIN RINKS 🗓
- 11:30am - 11:45am CHANGE FOR DRY LAND 🗓
- 12:00pm - 12:45pm LUNCH BREAK 🗓
- 12:45pm - 1:45pm DRY LAND SESSION 1 🗓
- 1:45pm - 2:00pm PICK UP - END OF DAY 🗓

August 20

- 8:45am - ARRIVE AT RINK 🗓
- 9:00am - 10:00am DRY LAND SESSION 1 🗓
- 10:00am - 10:15am DRESS FOR ICE 🗓
- 10:30am - 11:30am U13 PRE SEASON CAMP ICE - LANGLEY TWIN RINKS 🗓
- 11:30am - 11:45am CHANGE FOR DRY LAND 🗓
- 12:00pm - 12:45pm LUNCH BREAK 🗓
- 12:45pm - 1:45pm DRY LAND SESSION 1 🗓
- 1:45pm - 2:00pm PICK UP - END OF DAY 🗓

August 21

- 8:45am - ARRIVE AT RINK 🗓
- 9:00am - 10:00am DRY LAND SESSION 1 🗓
- 10:00am - 10:15am DRESS FOR ICE 🗓
- 10:30am - 11:30am U13 PRE SEASON CAMP ICE - LANGLEY TWIN RINKS 🗓
- 11:30am - 11:45am CHANGE FOR DRY LAND 🗓
- 12:00pm - 12:45pm LUNCH BREAK 🗓
- 12:45pm - 1:45pm DRY LAND SESSION 1 🗓
- 1:45pm - 2:00pm PICK UP - END OF DAY 🗓

August 22

August 23