

August-09-10 - August-13-10

August 10

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 10

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

9 Monday	10 Tuesday
<p>4:00pm GYM - BLUE GROUP (NEWLANDS)</p> <p>6:00pm GYM - GREEN GROUP (NEWLANDS)</p> <p>6:45pm BLUE GROUP ICE (CENTER ICE - ABBOTSFORD)</p>	<p>3:00pm GYM - BLUE GROUP (NEWLANDS)</p> <p>4:30pm GYM - GREEN GROUP (NEWLANDS)</p> <p>6:00pm BLUE GROUP ICE (CENTER ICE - ABBOTSFORD)</p> <p>7:00pm GREEN GROUP ICE (CENTER ICE ABBOTSFORD)</p>
11 Wednesday	12 Thursday
<p>4:30pm TRACK BLUE + GREEN GROUPS (LSS TRACK)</p> <p>9:45pm GREEN GROUP ICE (SPORTS PLEX)</p>	<p>4:30pm GYM - BLUE GROUP (NEWLANDS)</p> <p>6:45pm BLUE GROUP ICE (CENTER ICE - ABBOTSFORD)</p> <p>7:30pm GYM - GREEN GROUP (NEWLANDS)</p> <p>9:45pm GREEN GROUP ICE (SPORTS PLEX)</p>
13 Friday	
<p>3:00pm TRACK BLUE + GREEN GROUPS (LSS TRACK)</p> <p>5:00pm BLUE GROUP ICE (TWIN RINKS)</p> <p>6:15pm GREEN GROUP ICE (TWIN RINKS)</p>	

August-16-10 - August-20-10

August 10

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 10

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

16	Monday	17	Tuesday
5:00pm GYM - BLUE GROUP (NEWLANDS)		6:30pm GYM - GREEN GROUP (NEWLANDS)	
7:15pm BLUE GROUP ICE (SPORTS PLEX)		6:30pm BLUE GROUP ICE (TWIN RINKS)	
8:30pm GYM - GREEN GROUP (NEWLANDS)		8:00pm GYM - BLUE GROUP (NEWLANDS)	
10:15pm GREEN GROUP ICE (SPORTS PLEX)		9:00pm GREEN GROUP ICE (SPORTS PLEX)	
18	Wednesday	19	Thursday
6:30pm TRACK BLUE + GREEN GROUPS (LSS TRACK)		5:00pm GYM - BLUE GROUP (NEWLANDS)	
9:00pm BLUE GROUP ICE (CENTER ICE ABBOTSFORD)		7:00pm GYM - GREEN GROUP (NEWLANDS)	
10:00pm GREEN GROUP ICE (SPORTS PLEX)		7:15pm ICE - BLUE GROUP (SPORTS PLEX)	
		9:00pm GREEN GROUP ICE (SPORTS PLEX)	
20	Friday		
3:00pm TRACK - BLUE + GREEN GROUPS (LSS TRACK)			
5:00pm BLUE GROUP ICE (TWIN RINKS)			
6:15pm GREEN GROUP ICE (TWIN RINKS)			